

Dr. Linda Pescatello, Director

University of Connecticut

Center for Health Promotion

Assoc. Professor, School of Allied Health

linda.pescatello@uconn.edu

860-486-0008



Biography

Dr. Pescatello received her graduate degrees (M.A. and Ph.D.) in Exercise Science from the University of Connecticut. She has been funded by the American Heart Association for her research on exercise and hypertension; Pratt & Whitney for research relating to comprehensive worksite health promotion interventions; and the USDA for providing personal training physical activity interventions to adolescent, overweight minority girls. As a member of the Exercise Science and Genetics Collaborative Research Group, she has been funded by the Donaghue Medical Research Foundation for her research related to exercise genomics; and is site co-principal investigator of a 5 year multi-center grant project entitled, "Functional Single Nucleotide Polymorphisms Associated with Human Size and Strength", funded by the National Institutes of Health, Aging and Neurological Disorders and Stroke. Ongoing projects in Dr. Pescatello's laboratory include the effects of cholesterol medications on exercise-induced muscle injury, genetic determinants of the blood pressure and muscle response to exercise/physical activity. Dr. Pescatello has received awards for her work from the American College of Sports Medicine, the Association for Worksite Health Promotion, the Centers for Disease Control and Prevention, and the University of Connecticut School of Education Alumni Society and the School of Allied Health.

Current Research Interests

Dr. Pescatello's research interests include the cardiometabolic health benefits of physical activity and the cardiovascular impact of health promotion interventions.